

Child Care Village Weekly Menu

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Provider Name _____ Provider No. _____		Provider signature certifies review of menu to ensure: menu meets local guidelines; meal components reported are the components that were served; substitutions made by provider have been indicated on menu. PROVIDER SIGNATURE: _____				
Week of February 23, 2015 through February 27, 2015						
Meal	Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk*	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit or Veg Bread/Grain	Banana Pancakes (Pancakes)	Strawberries Kix cereal	Blueberries Oatmeal	Banana Life cereal	Peach French toast
AM Snack	Any 2 different meal components	Milk*	Cottage cheese Pineapples	Cantaloupe Triscuits	Grapes, halved Raisin toast	Yogurt Strawberries
	Milk*	Oatmeal cookies	Milk*	Milk*	Milk*	Milk*
Lunch	Meat/Alternate	Dijon Baked Chicken	Scrambled eggs	Meatball pockets	Lime chicken	Fish nibbles
	Veg. or Fruit	Spinach salad	Honeydew melon	(tomato sauce)	Black bean salsa	Creamed spinach
	Fruit or Veg.	Sliced apples	Peaches	Broccoli	Guacamole	Cauliflower
	Bread/Grain	Biscuit	Wheat toast	(Pita bread)	Flour tortilla	Brown rice
PM Snack	Any 2 different meal components	Pears Goldfish crackers	Yogurt Granola cereal	Mango Soft pretzel	Tangerines Graham crackers	Apricots Banana bread
	Milk*	Milk*	Milk*	Milk*	Milk*	Milk*
Dinner	Meat/Alternate	Pork chops	Beef tips	Chicken bake	Macaroni & cheese	Turkey
	Veg. or Fruit	Acorn squash	Asparagus	Potato wedges	Baked yams	Tossed salad
	Fruit or Veg.	Green beans	Carrots	Brussel sprouts	Snow peas	Peas & carrots
	Bread/Grain	Dinner roll	Biscuits	Couscous	(Macaroni)	Cornbread
MENU NOTES	Use only whole-grain, enriched or fortified breads, grains and cereals.	Follow CACFP meal pattern charts for serving sizes for each age group.	*Serve only fat-free or 1% milk to children ages 2 and over. Whole milk recommended for children 12 - 24 months. Check local regulations.		Water should be made available to children to drink upon their request. Serve water with snacks when no other beverage is being served.	